



TROJANS

High School Sports

Information for all McDowell High School sports can be found by going to www.mcdowellathletics.com. Club sports do not require registration on Arbiter Sports. Contact the Head Coach of the program for more information (see coaches' directory on back).

9th - 12th Grade Sports offered by season:

Fall

Cheerleading*
Competitive Spirit*
Boys' & Girls' Cross Country
Football*
Boys' & Girls' Golf
Marching Band
Boys' & Girls' Soccer*
Girls' Tennis
Girls' Volleyball*
Boys' & Girls' Water Polo*

Winter

Boys' & Girls' Basketball*
Unified Bocce
Girls' Bowling
Cheerleading*
Hockey (Club)
Boys' & Girls' Swimming & Diving*
Track & Field (Indoor)*
Boys' & Girls' Wrestling*

Spring

Baseball*
Flag Football*
Lacrosse*
Softball*
Boys' Tennis
Track & Field (Outdoor)*
Unified Track & Field
Boys' Volleyball *

** Sport will require concussion baseline (SWAY) tests. For swimming & diving, only divers require testing.
For track & field, only high jumpers and pole vaulters require testing.*

(This will be set up by our athletic trainers and coaches)

Approximate Registration Dates per Season

Fall – July (Season starts in August)

Winter – Early October thru Early November (Season starts in November)

Spring – Late January thru Late February (Season starts in March)

Additional school information can be found at the links below:

McDOWELL

For contact information, visit
mcd.mtsd.org

MIHS

For contact information, visit
mihs.mtsd.org

www.mcdowellathletics.com



McDOWELL HIGH SCHOOL COACHES' DIRECTORY (as of 2/24/2026)

Contact these coaches for offseason opportunities, tryout details, youth programs, and additional program information.

Available online at www.mcdowellathletics.com/coaches-directory

SPORT	COACH	EMAIL
Marching Band	Logan Carnes	carnes@mtsd.org
Baseball	Rick Iacobucci	iacobucci@mtsd.org
Basketball - Boys	Kevin O'Connor	oconnor@mtsd.org
Basketball - Girls	Chris Kwiatek	kwiatek@mtsd.org
Bowling	Beaver Clark	oclark@mtsd.org
Cheerleading	Deena Pribonic	pribonic@mtsd.org
Cross Country	Mike Palmer	palmer@mtsd.org
Football	Aaron Slocum	slocum@mtsd.org
Flag Football	Joe Gabbard	gabbard@mtsd.org
Golf - Boys	Mike Dombkowski	dombkowski@mtsd.org
Golf - Girls	Ryan Bickel	bickel@mtsd.org
Lacrosse - Boys	Mike Korus	korus@mtsd.org
Lacrosse - Girls	Kate Hoffman	khoffman@mtsd.org
Soccer - Boys	Pedro Argaez	argaez@mtsd.org
Soccer - Girls	Jason Perkins	perkins@mtsd.org
Softball	Tom Kaliszewski	tkaliszewski@mtsd.org
Swimming & Diving	Mike Esper	esper@mtsd.org
Tennis - Boys	Phil Hardesty	phardesty@mtsd.org
Tennis - Girls	Phil Hardesty	phardesty@mtsd.org
Track & Field - Indoor/Outdoor	Joe Yuhas	yuhas@mtsd.org
Unified Sports	Nicole Rupp & Veronia Naughton	rupp@mtsd.org; naughton@mtsd.org
Volleyball - Boys	Ali Lamoreaux	lamoreaux@mtsd.org
Volleyball - Girls	Joe Reynolds	jreynolds@mtsd.org
Water Polo - Boys	Patrick Staab	pstaab@mtsd.org
Water Polo - Girls	Patrick Staab	pstaab@mtsd.org
Wrestling - Boys & Girls	Josh Knapp	knapp@mtsd.org

For the latest updates on McDowell High School and Millcreek Township School District athletics, please visit our website www.mcdowellathletics.com.